

MEMBER SNAPSHOT CALIBRATION TOOL

	Not Prepared	Somewhat Prepared	Fully Prepared
NOT PREPARED			
TO DO's: MATERIAL: Incomplete or forgotten CBP: Unread or simply skimmed MINDSET: Unread or brief review COMMUNITY: Late, tired, distracted No contact since last month			
SOMEWHAT PREPARED			
TO DO's: MATERIAL: Partially complete CBP: Read through MINDSET: Read COMMUNITY: On time (barely), busy Connected outside of group			
FULLY PREPARED			
TO DO's: MATERIAL: Nailed it! Completed! CBP: Read, studied, completed MINDSET: Read, studied, considered COMMUNITY: Early, ready, focused Encouraged and prayed			

WALK WITH GOD

"Teacher, which is the greatest commandment in the Law?" Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and greatest commandment."

Matthew 22:36-38

- ☐ Day begins & ends in peace with the Father,
- ☐ In scripture & meditation daily;
- ☐ Silence & solitude most days;
- ☐ Prayer throughout my day.

REST and RETREAT

"Do not wear yourself out to get rich; do not trust your own cleverness. Cast but a glance at riches, and they are gone, for they will surely sprout wings and fly off to the sky like an eagle." Proverbs 23:4-5

- ☐ I get enough sleep & rest;
- ☐ I make time for myself (soul care);
- ☐ My family honors a sabbatical holy day;
- ☐ I have a time of silence & solitude.

DISCIPLING OTHERS

"Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age." Matthew 28:19-20

- ☐ I spiritually mentor with the truth of Christ;
- ☐ Others say I help them with their faith;
- ☐ I'm intentional about praying for others;
- ☐ Others say our environment is safe.

FITNESS and NUTRITION

"Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies." 1 Corinthians 6:19-20

- ☐ I eat healthy meals most days;
- ☐ I exercise regularly and consistently;
- ☐ My weight is healthy;
- ☐ I have had a physical within 12 months.

MARRIAGE and FAMILY

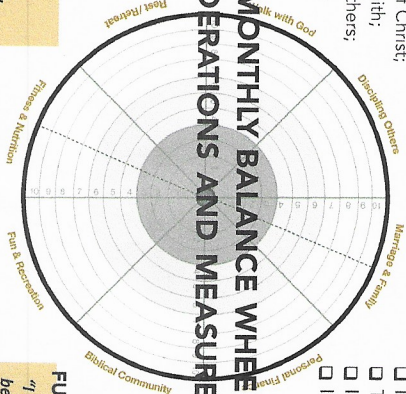
"Husbands, love your wives, just as Christ loved the church and gave himself up for her." Ephesians 5:25

"Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord." Ephesians 6:4

- ☐ I spend quality time w/spouse & children.
- ☐ They say I balance my time and technology;
- ☐ I pray with my spouse daily;
- ☐ I date my spouse regularly.

Walk with God

MONTHLY BALANCE WHEEL CONSIDERATIONS AND MEASUREMENTS



FUN and RECREATION

"ask you, therefore, not to be discouraged because of my sufferings for you, which are your glory." Ephesians 3:13

"And in him you too are being built together to become a dwelling in which God lives by his Spirit." Ephesians 2:22

- ☐ I participate in recreation or hobbies;
- ☐ "My family & I had fun times together;
- ☐ Spouse says I have a balanced life;
- ☐ I make time for fun on a regular basis.

BIBLICAL COMMUNITY

"And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching." Hebrews 10:24-25

- ☐ Attended church/worship weekly;
- ☐ "In a Life group with accountability;
- ☐ Support my biblical community with funds;
- ☐ My group sees me growing.

PERSONAL FINANCE

"Finally, all of you, be like-minded, be sympathetic, love one another, be compassionate and humble. Do not repay evil with evil or insult with insult. On the contrary, repay evil with blessing, because to this you were called so that you may inherit a blessing." 1 Peter 3:8-9

- ☐ My money management reflects God's values;
- ☐ Positive cash flow after tithing & savings;
- ☐ We do not have reoccurring credit card debt;
- ☐ We have and live by a budget.