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# DISCIPLES

# MAKING DISCIPLES

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Freely you have received, freely give.



TRAINER'S GUIDE

Version 2.2

\*Instructions for Trainer: Introduce yourself to the group and welcome everyone to the training.

\*Pass around a sign-in sheet to collect every one's name, telephone number and email address.

\*Open with prayer. Ask who would like to pray?

## Activity 1

# AM I A DISCIPLE WORTH MULTIPLYING? p.1

Multiplication is a critical aspect of discipleship. Multiplying disciples is at the core of being a Christian. But here is the question you must ask yourself:

### Am I a disciple worth multiplying?

- God does not want to multiply all disciples, but those who are his true disciples.
- God does not want to multiply mediocrity.
- God desires to multiply those who exhibit:

### Immediate Radical Costly Obedience (IRCO)

#### Abraham's IRCO Story

Through out Scripture, God multiplied his disciples, and the multiplication of disciples was achieved through those individuals who exhibited Immediate Radical Costly Obedience (IRCO).

God chose Abraham because he exhibited IRCO.

- Gen. 12:1-4. He leaves his immediate comfortable life to follow God. IRCO
- Gen 17:9-11. Circumcised, putting his whole life and heritage to risk by being obedient to do this. IRCO
- Gen 21:9-14. Sending Ishmail away, God, listen to Sarah and send them away. He arose early...IRCO
- Gen 22:1-3. Isaac, Abraham agrees to sacrifice his son. He rose early... IRCO

*"Delay is the sharpest arrow in the enemy's quiver." Martin Luther*

### Love and Obedience

If we love him, we will obey what he commands, and his commands are not burdensome. They are not legalistic or negatively obeyed, but obeyed out of love.

How is our love expressed? IRCO

Love and obedience are two sides of the same coin

### Curtis Sergeant's story – Missional meeting in China – Who is God calling to Go?

- Throughout Scripture God desires worship and glory by all people.
- He was in China at a missional meeting where they were praying over strategy for reaching the lost. They put map of the world up on the board and went through the Spiritual state of all countries.
- They prayed for God to reveal amongst them one person he is calling to go to one of the unreached people groups on the map.
- They spent some time in prayer, and afterwards asked if anyone was called, and no one spoke up. They did it again, and again... the 7th time praying through it, a woman came forth and said God was calling to go to Burma. He had placed it in her heart before she had come to the meeting.

- 1Kings 18:42-44. Elijah's prayed for rain 7 times and the small fist-sized cloud that was the first sign of the rain to come. When we pray for a movement of God, it is not usually answered by a great divine showing, but by a small, fist sized, or in this case a short, peasant woman, through whom his glory would flood the region.
- Those gathering then started laying hands and praying for the women They prayed bold, enthusiastic prayer. Curtis said he prayed for more practical prayers. like for her to survive the prayer, and for them to stop praying. When the praying had stopped, Curtis said he exhausted and left the room and went to bed.
- When he got up the next morning the rest of the group from the night before came walking in the door. He asked them where they were coming from, and in a convicting voice, they began to explain what had happened while he was sleeping.
- They prayed for who God is calling to go with her. Biblically, you go two by two. Eventually another person was confirmed to go with her. A woman. So they prayed over her, then the two of them.
- They then put all the money they had together, and it was just enough money to buy them a bus ticket to the Burma boarder.
- And as scripture said of Abraham, "Early in the morning," they took them t the bus station and put them on the first bus to Burma. They had been up all night and were just coming home from the bus station.
- That's Immediate Radical Costly Obedience

God will delight to multiply us if we are on this journey.  
 God delights to multiply those who show IRCO.

### **Curtis's story of a meeting with leaders of some of the biggest movements in China**

He had to leave to go home the next day so he only had little time to meet with these leaders.

One of them came and said he had to leave immediately. Curtis asked if he couldn't wait until the next day – since they only had very little time together?

He answered: No I must go. I just got a call that two of my evangelists in the north were killed. I must go and see if God wants to raise them from the dead.

- Curtis thought, if he had received the call, what would we have done? Probably inform the right authorities, get message to their families, see who he could get to take their place, contact gov. officials....
- This man expected God to raise him from the dead.
- Believing God can raise the dead and expecting God to raise the dead are different.
- A big, deep, strong faith leads to a completely different response to situations. You make different choices, and lead a different life.

## Hall of Fame Hebrews 11:35-40

If your plans, if your faith are not intimidating to you, they are insulting to God  
We cannot afford to be of smaller faith.

How the story turns out on earth has nothing to do with whether God is glorified or not. It may not have a happy ending on this side, but on the other side God is glorified. But whether it turns out happy or sad by earthly standards, cannot take away or hinder the glory that comes from big faith.

- God delights and honors that faith.
- God delights and multiplying that kind of faith. Faith that is exhibited in IRCO.
- You get in God's hall of fame through IRCO

Caleb and Joshua in Canaan Num 13. They are not looking at the problems, they are looking at their God. Without a faith like this:

- We pray for everything man can do but not what only God can do.
- We have to be obedient to him if we want to see him at work.

Back to our earlier question: Am I a disciple worth multiplying?

Do I exhibit my love for him through immediate, radical, costly obedience?

## Activity 2

# SPIRITUAL PREPARATION p. 2-4

\*Have everyone quietly and prayerfully read through the next three pages of Spiritual Preparation as they let God search their hearts. They should finish up by reading and example of a Prayer of Confession and then write their own prayer of confession as a prayer to God on p. 4.

### THE GENERAL EXAMINATION OF CONSCIENCE

1. I give thanks to God our Lord for the favors I have received from His hand.
2. I ask for grace to know my sins and to rid myself of them.
3. I demand an account of my soul over the period since I last did this exercise (thoughts, words, & deeds).
4. Ask for pardon from God our Lord for my faults.
5. Resolve to amend with the grace of God.

### THE CONVERSATION

(Note: Speak exactly as one friend speaks to another. Ask Him for a favor, blaming yourself for some misdeed. Make known your affairs to Him, and seeking advice in Him.)

Imagine Christ our Lord present before you and begin to speak with him, asking how it is that though He is the Creator, He has stooped to become man, and to pass from eternal life to death here on earth, that He might die for our sins.

In His presence, reflect upon the following:

What have I done for Christ? What am I doing for Christ? What ought I to do for Christ?

### EXAMINATION OF THOUGHTS

I have victory over sinful thoughts when:

- A thought of committing a sin comes to mind, and I resist it at once, I have overcome it.
- If the same thought returns again and again, and I always resist it, it is conquered.

I am guilty of sinful thoughts when:

- The thought of sin comes to mind and for a short time I pay heed to it, or receive some sense of pleasure or am somewhat negligent in rejecting it.
- I consent to the evil thought with the intention of carrying it out.
- I actually carry out the evil thought.

# SPIRITUAL PREPARATION Continued

## EXAMINATION OF WORDS

- Lying, ridicule, insults, or coarse or crude speech.
- Slander and gossip - I sin if I reveal a sin of someone else, unless the sin is publicly known or I reveal someone's hidden sin to another person with the intention that the person to whom I am talking is able to and will help the sinner to come out of their sin.

## EXAMINATION OF DEEDS

- You shall have no other gods before me.
- You shall not make for yourself a carved image, or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth. You shall not bow down to them or serve them, for I the Lord your God am a jealous God.
- You shall not take the name of the Lord your God in vain.
- Remember the Sabbath day, to keep it holy. Six days you shall labor, and do all your work, but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates.
- Honor your father and your mother.
- You shall not murder.
- You shall not commit adultery.
- You shall not steal.
- You shall not bear false witness against your neighbor.
- You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or his male servant, or his female servant, or his ox, or his donkey, or anything that is your neighbor's.

## PRAYER OF CONFESSION

Heavenly Father, You made my body to serve You and my soul to follow hard after You.  
With sorrow and contrition of heart, I admit before You my faults and my failures.

My failure to be true even to my own accepted standards;  
My self-deception in the face of temptation;  
My choosing of the worse when I know the better;  
O Lord, forgive!

My silence when You would have me speak and my speech when You would have me keep silent;  
My actions when You would have me wait on You and my hesitation when You would have me act;  
My complacency toward wrongs that do not affect me and my oversensitivity to those that do;  
O Lord, forgive!

My lack of Your compassion in showing mercy for the downtrodden and the lost;  
My pride in considering my own comfort and convenience above the needs of others;  
My blindness to the suffering of others and my slowness to be taught by my own;  
O Lord, forgive!

# SPIRITUAL PREPARATION Continued

My failure to apply to myself the standards of conduct I demand of others;  
My slowness to see the good in others and to see the evil in myself;  
My hardness of heart toward my neighbors' faults and my readiness to make allowance for my own;  
O Lord, forgive!

My unwillingness to recognize that You have called me to a small work and my brother to a great one;  
My ingratitude and grumbling when You place a great opportunity before me to display Your grace;  
My failure to recognize Your loving hand in all that touches me;  
O Lord, forgive

“If we confess our sins, he is faithful and just to forgive us our sins and to **cleanse** us from all unrighteousness.” 1 John 1:9

Write your own prayer of confession:

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### Activity 3

## INTRODUCTIONS p. 5

\*Have everyone get into pairs (men with men & women with women). You and your partner will have 10 minutes to get to know one another. Then you will each have 1 minute to introduce your partner to the whole group. (If more than 6 divide them into groups of 6 and have them share in those groups).  
\*There is room to take notes in order to better remember on p. 5.

\*After 5 minutes ask them to switch.

\*After 10 minutes allow each person 1 minute to introduce their partner.

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## Activity 4

# LISTENING TO GOD p. 6

\*Teach this info with the whole group.

Prayer is a critical aspect of making disciples as well as being a disciple.

Curtis Sergeant trained some people in China. There was a guy, Ying Kai, who he thought might be a waste of time. However, after several years he had hundreds of thousands of groups and millions of disciples.

What was the key? He was very disciplined in prayer. He had callouses on his knees - because he prayed for four hours every morning.

In most CPMs around the world - the most common factor is the people who started them pray at least 2 hours per day.

- Prayer is not just us talking to God, but us CONVERSING with God.
- A significant part of prayer is listening.
- If we cannot see God or hear Him how can we follow Him?
- Jesus only did and said what the Father did and said.

Ask for volunteers to read the following verses.

### **John 5:30**

<sup>30</sup>I can do nothing on my own. I judge as God tells me. Therefore, my judgment is just, because I carry out the will of the one who sent me, not my own will.

### **John 8:47**

<sup>47</sup>He who is of God hears God's words; therefore you do not hear, because you are not of God."

### **John 10:27**

<sup>27</sup>My sheep hear My voice, and I know them, and they follow Me.

### **John 12:49-50**

<sup>49</sup>For I have not spoken on My own *authority*; but the Father who sent Me gave Me a command, what I should say and what I should speak. <sup>50</sup>And I know that His command is everlasting life. Therefore, whatever I speak, just as the Father has told Me, so I speak."

### **John 14:10**

<sup>10</sup>Do you not believe that I am in the Father, and the Father in Me? The words that I speak to you I do not speak on My own *authority*; but the Father who dwells in Me does the works.

### **John 15:15**

<sup>15</sup>No longer do I call you servants, for a servant does not know what his master is doing; but I have called you friends, for all things that I heard from My Father I have made known to you.

### **John 16:13-14**

<sup>13</sup>However, when He, the Spirit of truth, has come, He will guide you into all truth; for He will not speak on His own *authority*, but whatever He hears He will speak; and He will tell you things to come. <sup>14</sup>He will glorify Me, for He will take of what is Mine and declare *it* to you.

Listening to God is a critical thing for his followers. How can we serve him and follow him and love him if we don't hear from him. It is critical that we listen to God.

Prayer is a tremendous teaching tool. At the tomb of Lazarus - I pray this that they may hear it.

Prayer is great evangelism tool. It a great way to practice listening to God. Asking God: "What is your desire to see in this community" Part of God's intention is for people to love him and get to know him.

When we are out in the community and we meet people or the Holy Spirit leads us to people ask them: "Do you know of anything that we can pray for this community. Is there anything we can pray for you personally?"

Great way to pray for people:

B - Body - health

L - Labor - job

E - Economy - financial situation

S – Social – Relationships w. people

S – Spiritual – Relationship w. God

No matter what they ask for pray for all five of these area. You can also pray and listen if God wants you to approach someone you don't know and pray for them exactly what God shows you. If God gives you a picture or a word pray that over them even if you don't know what it means to them. It can be life changing because you are praying things they know you don't know about them – but they realize God knows and God cares about them.

- Example: Some kids prayed for a woman and one kid heard: "God loves you like you love your feet". She prayed it over her and the lady cried. People had always told her how ugly she was, the only thing they hadn't said was ugly was her feet. So she only loved her feet. She hadn't shared this with anyone but now she broke down in tears because she knew God loved her like she loved her feet. God became personal to her. Dare to pray and speak what you hear from God.
- Share a personal example of someone you have prayed for where they got saved or it made a real difference.

Through the ministry of the Holy Spirit God speaks to us. We must listen and be obedient.

## Activity 5

### INTRODUCTIONS PART TWO – LISTENING TO GOD p. 7

\*Take 5 minutes to pray silently and ask God how He would introduce your partner.

\*They can write down what they hear from God about the other person on p. 7.

\*After 5 minutes allow each person 1 minute to introduce their partner the way that Jesus would introduce him/her. If more than 10 split up the group.

\*After the introductions, ask if anyone has questions or comments to how they were introduced

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## Activity 6

# DEFINITION OF CHURCH p. 8

\*Teach this information to the group.

The Church means different things in the Bible

1. Universal Church
2. City or regional church
3. The church in the home (Simplest form of Church)

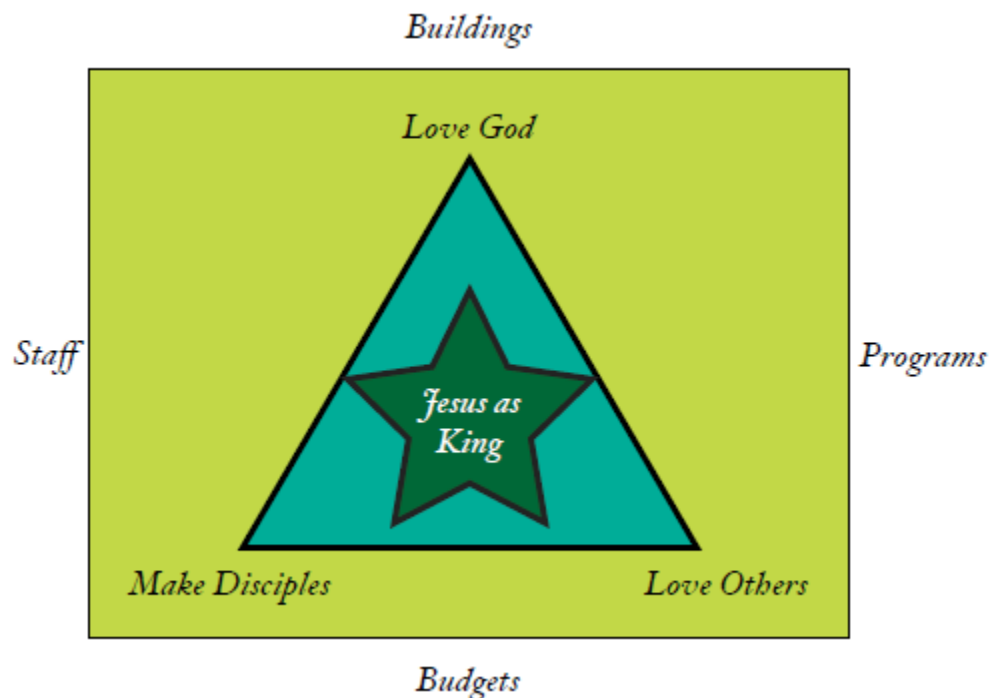
**The Great Commandment** – sums up all the Old Testament Law and Prophets.

“Teacher, which is the great commandment in the Law?” And he said to him, “You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets.” Matt 22:36-40

**The Great Commission** – sums up the New Testament commands to the church

And Jesus came and said to them, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in[a] the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.” Matt 28:18-20

Love God, Love People, Make Disciples



\*Around the square write: Staff, building, programs, Budgets

These are what we normally think we need to have a church. These are not wrong, but they are just not necessary to have the simplest form of church. That's not what we are talking about when we talk about church in this seminar. Instead we are talking about simple church.

\*Erase the square on the board.

For multiplication purposes it is easier to start a simple church that can be multiplied easily and quickly. As Christians worldwide, when we use addition growth, even in the best case scenario can't keep up with

population growth. We are accustomed to professional clergy doing the work. But the Great Commission is given to **every follower of Christ**.

Brother Curtis was on a Chinese island with over 6 million people when he realized that he could never reach the whole island talking to one person at a time. Instead, he started using this training and in approximately 7 years, more than 600,000 people made a commitment to follow Jesus. Currently, Brother Curtis has gone on to share this training in 99 other countries.

This system can work with no buildings, no paid staff, no budgets, no programs and no costs. It's simple and easily reproduced.

## Activity 7

## CORE GROUP p. 9

\*Divide into groups of 6 people (male & females together).

\*Skip section 1 (Look Back) for activity 6 only.

\*Ask facilitators to read directions and questions carefully aloud and let them know how many minutes (see schedule) they have for section 2 (Look Up) & section 3 (Look Forward).

\*If possible model facilitating this first Core Group for them. Otherwise select capable people to lead.

\*Use Mark 5:1-20 for this core group session.

**SIMPLE MEETING FORMAT** – This format is designed for established believers. You will meet with your core group once a week for at least 90 minutes. Additional meeting formats available at the end of this training manual for believers, new believers and seekers p. 35-40

### 1. LOOK BACK (1/3 of your time – 30 minutes) (Skip this section every time a new group is started)

Share a meal, a refreshment, a story from this week, or an answer to prayer. How has everyone's personal relationship with God been this week? If anyone is struggling, pray for him/her, and stay after to care for that person.

#### **Check-up (never skip)**

*How have you **obeyed** what you have learned? Who have you **trained** in what you have learned? With whom have you **shared** your story or God's story? (Review the commitments from last week's meeting)*

#### **Vision (never skip)**

Share a story from the Bible, a personal story, an inspiring slogan or song to encourage one another to share Jesus with others, to start new groups, and to help others do the same. You can use one of the following Bible passages to get started: Matthew 28:18-20, Luke 10:1-11, Acts 1:8, Luke 19:1-10, Matthew 13:1-23 (Additional verses at the end of this training manual).

### 2. LOOK UP (1/3 of your time - 30 minutes) (Start here each time you model a new group)

#### **Read and Discuss**

Ask God to teach you this passage. Read this week's passage. Then ask:

1. *What did you like about this passage?*
2. *What did you find difficult about this passage?*

Read this week's passage again. Then ask:

3. *What does this passage teach about people?*
4. *What does this passage teach about God?*

### 3. LOOK FORWARD (1/3 of your time – 30 minutes)

#### **Obey. Train. Share. (never skip)**

Have everyone in the group pray for the Lord to show them how to answer the following questions, then make commitments.

Write the commitments down and keep for next week's meeting. Ask:

5. *How will you **obey** this passage?*
6. *Who will you **train** with this passage?*
7. *With whom will you **share** your story or the God's story?*

**Practice (never skip)** - in groups of two or three, practice what you have committed to do in question 5, 6 or 7. For example, role- play a difficult conversation or facing a temptation; practice teaching today's passage, or practice sharing the Gospel (God's story).

**Talk With God** - in groups of two or three, pray for every member individually. Ask God to prepare the hearts of the people who will be hearing about Jesus this week. Ask Him to give you the strength to be obedient to your commitments.

\*Ask if anyone has questions or comments.

## Activity 8

### LIST OF 100 - p. 10-12

\*Give the group time to read and follow the directions on this page. If they don't finish assign it as homework.

\*Once they are done writing their list of 100 explain:

Pick 5 to share you testimony. Schedule an appointment to meet with them next week. If they are open and spiritually hungry, share your story and the story of Jesus with them.

For those who accept Christ IMMEDIATELY:

1. Help them write and practice sharing their story.
2. Help them practice sharing the story of Jesus in a culturally relevant way. Have them do it as if it was you.
3. Help them to make a list of 100 and pick five to share with this week.

Send them out to share and schedule a follow-up meeting to meet again to see how it went.

Go over the list of 100 and help them reach out and teach others to do the same. If they haven't shared - ask if you need to go with them.

There is a difference between people within my sphere of influence and those outside.

Outside: If they are not responsive - wipe the dust off your feet and move on.

Inside: You are to have a continual relationship.

List all your friends, coworkers, neighbors and relatives that you relate to.

In the "date" section, write down when you plan to invite your friend to take the next step in their spiritual journey.

For unbelievers or unknown status, share the gospel (Jesus' Story) and your story or invite them to be part of a CHAT group or a Hope Core Group. If you find they are a believer or they become a believer then challenge them to start a Core Group and offer to coach them.

For believers, challenge them to start a Core Group and offer to coach them. Encourage them to start a CHAT group as well. Have them fill out a List of 100 and follow up with those listed on it.

Name	Date	Believer	Unknown	
Unbeliever				
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3. _____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. _____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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94.	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
95.	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
96.	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
97.	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
98.	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
99.	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
100.	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Activity 9

### SHARING YOUR STORY p. 13-14

\*Trainer shares his/her story with the whole group.

\*Ask each person to read the directions below and write their story in 15 minutes on p.14.

\*After writing their story have each member share it with their partner in 3 minutes or less.

\*Have them practice telling their story 5 times each. Each time pretending to present it to a different person from the five people they circled on the list of 100.

You will need to prepare your story and always be ready to share it with people. If they are receptive, you can then tell them Jesus' Story. Here is how you can tell your story:

Talk about your life **before** following Jesus. Describe your feelings, pain, loneliness, questions (what happens after death?), or struggles you had before following Jesus.

Talk about **how** you became a follower of Jesus- Tell them about Jesus! The essential story of Jesus is: We have all offended God with our sins. We will die because of our sins. But we are saved from death when we put our faith in Jesus, who died for our sins, was buried, and raised from the dead.

Talk about your life **after** following Jesus - Tell them about how Jesus changed your life. Tell of the joy, peace, and forgiveness Jesus gave you.

Invite a response - Your story should ask for a response. End with a question that will help you discover the person's level of spiritual interest. Ask something like: "Would you like to know how you can be forgiven?" or "Would you like God to change your life?"

Keep it Brief (3 minutes or less) - Your story should be short and interesting. Do not be boring and do not talk so long that the listener loses interest. Always end with a question so you know if they are spiritually and if they are interested.

Many people in the Bible shared their personal testimonies. Some examples are the Gerasene demoniac (Mark 5:18-20), the Samaritan woman (John 4:28-30, 39), Peter and John (Acts 4:18-21) and Paul (Acts 9:1-22; 22:3-16; 26:9-18). You should read these passages to get some ideas about how to share your faith in this way.

Here is a sample:

Hi my name is \_\_\_\_\_, I'm from \_\_\_\_\_. I can still remember the pain in my heart when my wife and I learned that our baby girl due to be born in three weeks had died. It's times like this when a person finds out if their faith has been placed in something real. I was born and raised by parents who loved Jesus and at a very young age I placed my life in His hands. As I grew up I never questioned my faith but I was often in situations when I found that Jesus did exactly what He promised. Rather than destroying my faith in Jesus the death of my daughter showed me the depth of God's compassion and comfort. What I had learned in my Bible set me from depression, despair and bitterness. I knew that I could trust God with everything.

Throughout my life I have been blessed to help other people learn about Jesus. When someone decides to turn from believing in themselves and doing what they believe to be right to following Jesus, doing what He has commanded and trusting Jesus for their whole life I've seen the Kingdom of God come. I've seen families that were filled with anger transformed by Jesus to families filled with love. I've seen people who wanted to kill themselves transformed by Jesus into people who are filled with concern for others. I've seen people who only cared about getting rich for themselves changed by Jesus into people who find the greatest joy in loving others. Watching God heal people's lives and filling them with joy and purpose is my greatest joy.

God continues to work in my life. I am continually amazed at God's love, faithfulness, wisdom, power and care for me. I wonder if after hearing some of my story, you have any questions about God and your life.

**Activity 9**

**SHARING YOUR STORY (Continued)**

**MY STORY**

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**Activity 10**

# DISCIPLESHIP PRINCIPLES – Part 1 - p. 15

\*Review these principles with the whole group.

Every disciple is a disciple-maker, every home is a training center, every simple church is a missions organization.

Duckling Discipleship – You don't have to be a mother duck. Jesus is the mother duck. Just follow and lead like a duckling. You only need to be one step ahead.

**1 Cor 11:1** Follow my example, as I follow the example of Christ.

## "Ducks" metaphor

Only the first duckling follows the mother. The rest of them follow the duckling in front of them. You just need to be one step in front of them.

None of us are ducks. The only "duck" to walk this earth was Jesus. We are all ducklings, just hopefully one step ahead of where we were before. We all can lead.

We are all followers obeying Christ, and leading those behind us.

You can be at a job for 30 years, or be a Christian for 30 years, and still be an infant if you are repeating the same thing over and over.

knowledge vs obedience

**2 Tim 2:2** And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others.

You don't need to be mature to start discipling others, You just need to be one step ahead. There is only one mother duck - that is Christ. Not a Pastor, or a seminary trained. We are all ducklings.

This reduces the rate of reproduction to months, weeks, days or even hours.

Tell all new believers:

Leading someone to Christ - Great blessing

Helping them leading someone else to Christ - Greater blessing

Helping them start a spiritual community that start other spiritual communities - Greatest blessing

Ask them to do the list of 100 and select 5

Have them practice "Why did you decide to follow Jesus" 5 times.

Teach them how to share the gospel and have them do it back to you - 3-5 times until they are ready.

Set up a time to meet again and talk about how it went.

Tell them if any of them commit their lives to Christ - you tell them of the great, greater and greatest blessing and send them out.

2nd time you meet

- if they didn't do it review with them and offer to go with them to witness for their friends.

- If they did it but no one got saved its no problem. Encourage them to share with others on the list.

- if they got saved but didn't tell them about the blessings send back to tell them.

This is the biggest life decision - they have close friends and family, and they don't want to share it with them?? That doesn't make sense.

Luke 16:19-21 The rich man and Lazarus.

The rich man asks for Lazarus to come.

Then send him to my family. No - if they won't listen to Moses and the prophets they won't listen to a dead man coming back from the dead.

Lessons

Even Hell has compassion on the lost. There is more compassion in Hell for the lost than in most of our churches.

Ideally we should have God's concern for the lost, but if we can't have that, at least we should have Hells concern for the lost.

This passage is really powerful to share in places where they have never heard the Gospel. I cannot do anything for your loved ones that are gone. But what they would want the most is for you to be saved and tell it to as many people as possible.

### Dual Accountability – Obey and share

- Accountability to God and others
- Accountability to obey God's Word, and accountability to share God's Word with others.  
First we receive it, then we must apply it and share it. God is speaking to us through the Bible and prayer (the Holy Spirit), then we respond by doing and sharing.

Earthly Economy – what I have you don't have, getting all you can, keeping all you can

Spiritual Economy – We get more when we give away what we have received.

If I am faithful in sharing what God has given me He will give me more.

- Parable of the talents, "For to everyone who has will more be given" Matt 25:29  
If I am faithful in sharing spiritual truth, he will reveal more to me.
- Whoever sows bountifully will also reap bountifully 2 Cor 9:6
- I will **ble**ss you and make your name great, so that you will **be a blessing** Gen 12:2

Accountability = the highest expression of love. Obedience is tied to love.

THERE SHOULD BE NO NEGATIVE CONOTATION TO ACCOUNTABILITY, OBEDIENCE OR DUTY.

Can sound legalistic in the western mindset. It's about obedience out **of love**. **Without what we do God** loves us completely. But we don't love him completely. In order to attain intimacy we need to love him by our obedience - not to earn salvation but to attain intimacy with him.

In order to fully entering into the depth of our relationship with him to understand how high and deep and how wide his love is - I need to ask you what is he telling you to do, who is he telling you to share with - out of love.

The path to an abundant life is to faithfully listen, obey, and share.

It's not about legalism but all about love. If I don't hold you accountable I don't love and care about you. God wants to bless us and that's how he does it.

Self-Feeding - The term Self-feeding refers to the items that **must** be evident in our lives if we are to become disciples worth reproducing. Self-feeding items:

#### 1. Reading the Word

The small group study and chat group reading are two different ways of hermeneutic Bible study skills. It's a good supplement. People learn better if they know they have to apply something and if they know they have to teach something. You would be shocked how fast people can grow if they are both in a Discovery Group AND in a CHAT group.

#### 2. Prayer – speaking to God is just as important as listening to God

Not just talking to God but also listening - having a conversation with God.

The role of prayer in evangelism,

prayer walking. Prayer is the most direct path to come to understand the heart and the mind of God.

Prayer walking is the favorite tool to help people start seeing things from God's perspective (from a spiritual perspective).  
Pray for people's needs wherever and whenever.  
You can't pray for four hours? Try to do the Prayer Wheel (1 hour) it gives people an appetite to pray and a desire to pray more.

### 3. Body Life – we must have fellowship with one another

Being a disciple is not an individual sport it is a team sport. Alert new believers to the "one-another" passages in the NT. Then when they read their CHAT readings they will jump out at them. Passages of Spiritual gifts talks about we are to collaboratively are to seek God's will for his Kingdom.

### 4. Persecution & Suffering is normal for someone following Jesus. Our faith is strengthened and certain character traits are developed. Note: discouragement will come when trying to make a disciple, at times, even fear and hopelessness.

Paul and James and Peter talk about a list of character traits is only accomplished through suffering. In Cor. Paul talk about how we are equipped to minister to people who are suffer through our own suffering. Hebr. talks about how we are called to suffer. Jesus could not do all God wanted Him to do without suffering. He was perfect and still had to suffer. God's purpose could not be completed in Him except through suffering.

Benefits: It Increases our dependance of God.

Shapes our character.

New believers who are taught the purpose of s. are less likely to become discouraged, bitter, or angry when it happens.

Persecution and suffering from the enemy's standpoint is to silence us. If we are silent and not living out our faith - he has no reason to attack us.

Talk to new believers about it by teaching them about it from a biblical perspective.

In many countries if people if they speak out about their faith at work, they will loose their job. There are economic sanctions that the culture imposes. We need to teach new believers be ready and trust in the Lord and not get discouraged.

In China they call prison seminary: If you haven't been to Prison they will question your readiness to lead.

In certain parts of China the persecution is so great that before a new believer is baptized they say,

"I am ready at any time or place to suffer, to be imprisoned, to escape imprisonment and even to die for the Lord."

"If you imprison me you are giving me a captive audience to share the Gospel with others."

"If you put me in solitary, I can pray and meditate."

"If you take my house and my goods, I can travel and share the Gospel anywhere"

"If you beat me, I'll glorify God and it gives Him an opportunity to heal me."

"If you kill me, you will send me to glory - my ultimate goal."

**Books: The insanity of God, The insanity of obedience - Nick Ripkien. He has ministered in areas that are very sensitive areas. Best books on suffering.**

**The purpose of self-feeding - is to make reproducing disciples.**

[Eyes to See Where the Kingdom is not](#) – the ability to be directed by God to show you where your target areas for creating new disciples are. Strategies, mapping, centers in a city

When we pray "Thy kingdom come thy will be don on earth as it is in heaven".  
There is a gap between reality and what he desires. We are here to narrow that gap.  
Working toward that gap is a big part of equipping people to follow Christ.

#### 1. Existing relationships

We have an opportunity to have ongoing relationships with people. These are not by accident.  
Curtis' dad was plowing the field every sunday. His friend drove out to the field to invite him to church - 53 consecutive weeks. It dawned on his dad. And he said next week he said he would go. He went to church and heard the gospel. Saw the hypocrisy but came back next week and decided to follow Jesus. He became a missionary and Curtis became a missionary, because of a high school kid - who insanely pursued this stubborn man.

#### 2. The ends of the earth

This is supernatural - to obey God's calling to reach people that are very different from ourselves.

Pace – Pace is a spiritual matter. There is one person going to Hell every second. Eternal destiny is determined on earth.

The eternal destiny of eternal souls is determined in time. Every second an unbeliever is going to eternity. Every person that dies apart from him is robbing him of his glory. This current status quo is not acceptable. Us doing a little more of what we are doing is not going to do it. The church is bigger than ever in history. The population is growing faster than the church. We are not keeping up with the population growth. I don't think that is God's desire. What is to be done? We need to go back to obeying the Great Commandment and the Great Commission. If we start to do that it will make the difference. The solution is not to share our faith with 20 people a week. Instead we need to commit to making disciples. We love them, teach them, and hold them accountable and teach them to do the same thing. In that way the whole world can be reached.

## Activity 11

## CORE GROUP – 2<sup>nd</sup> Practice Session p. 16

\*Divide into groups of 6 or 8 people (male & females together).

\*Ask facilitators to read directions and questions carefully aloud and tell them how many minutes allowed according to schedule.

Section 1 (Look Back), Section 2 (Look Up) & Section 3 (Look Forward).

\*The facilitator for each group will be the person who has the next birthday.

\*Use Luke 10:1-11 for this core group session.

\*During this (Look Back) practice session, simply pretend you shared your story with someone.

**SIMPLE MEETING FORMAT** – This format is designed for established believers. You will meet with your core group once a week for at least 90 minutes. Additional meeting formats available at the end of this training manual for believers, new believers and seekers p. 35-40.

### 1. LOOK BACK (1/3 of your time – 30 minutes) (Skip this section every time a new group is started)

Share a meal, a refreshment, a story from this week, or an answer to prayer. How has everyone's personal relationship with God been this week? If anyone is struggling, pray for him/her, and stay after to care for that person.

#### **Check-up (never skip)**

*How have you **obeyed** what you have learned? Who have you **trained** in what you have learned? With whom have you **shared** your story or God's story? (Review the commitments from last week's meeting)*

#### **Vision (never skip)**

Share a story from the Bible, a personal story, an inspiring slogan or song to encourage one another to share Jesus with others, to start new groups, and to help others do the same. You can use one of the following Bible passages to get started: Matthew 28:18-20, Luke 10:1-11, Acts 1:8, Luke 19:1-10, Matthew 13:1-23 (Additional verses at the end of this training manual).

### 2. LOOK UP (1/3 of your time - 30 minutes) (Start here each time you model a new group)

#### **Read and Discuss**

Ask God to teach you this passage. Read this week's passage. Then ask:

1. *What did you like about this passage?*
2. *What did you find difficult about this passage?*

Read this week's passage again. Then ask:

3. *What does this passage teach about people?*
4. *What does this passage teach about God?*

### 3. LOOK FORWARD (1/3 of your time – 30 minutes)

#### **Obey. Train. Share. (never skip)**

Have everyone in the group pray for the Spirit to show them how to answer the following questions, then make commitments.

Write the commitments down and keep for next week's meeting. Ask:

5. *How will you **obey** this passage?*
6. *Who will you **train** with this passage?*
7. *With whom will you **share** your story or the God's story?*

**Practice (never skip)** - in groups of two or three, practice what you have committed to do in question 5, 6 or 7. For example, role- play a difficult conversation or facing a temptation; practice teaching today's passage, or practice sharing the Gospel (God's story).

**Talk With God** - in groups of two or three, pray for every member individually. Ask God to prepare the hearts of the people who will be hearing about Jesus this week. Ask Him to give you the strength to be obedient to your commitments.



## Activity 12

## THE STORY OF JESUS p. 17-19

- \*Trainer shares the story of Jesus (Gospel) with the whole group.
- \*Ask each person to study the following 3 pages and develop a way to share the story of Jesus.
- \*Tell them how much time is allowed for this activity according to schedule.
- \*After writing the Gospel have each member share it with their partner in 3 minutes or less.
- \*Have them practice telling it 5 times each. Each time pretending to present it to a different person from your circles names on your list of 100.

Sharing the Gospel can be done many different ways. 3 examples follow:

### **1. Romans 1:18-20, 28-32- God's identity and role**

- Who is God?
- What angers God?

### **2. Romans 3:23- Man's need for salvation.**

- What is man's spiritual problem?
- Who has sinned?
- What is sin?

### **3. Romans 6:23- The results of sin.**

- What is the wage/penalty for sin?
- Who will receive this wage/penalty?
- What is God's plan for man's salvation?

### **4. Romans 5:6-10- Christ died to pay the penalty for sin and rose again to give new life.**

- When did God love us?
- How did He pay for our sin?
- How did he save us and give us new life?

### **5. Romans 10:9-10- How can a person receive this salvation God offers?**

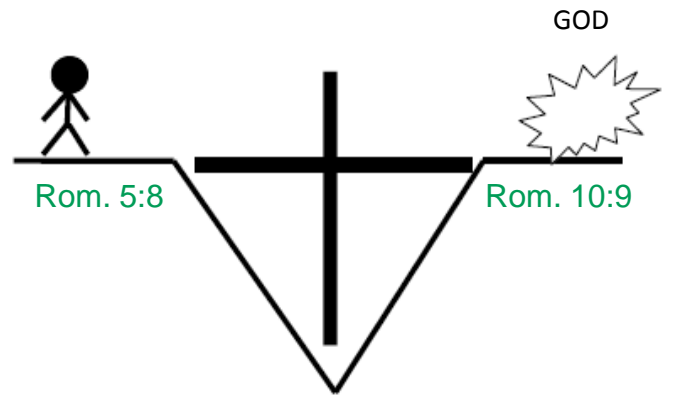
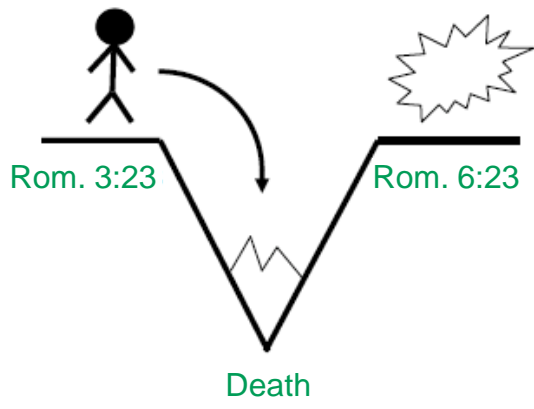
- What two things must a person do to be saved?
- What does it mean to believe?
- What does it mean to call Jesus your Lord?

### **6. Ask them if they would like to become a follower of Jesus. Pray with them to accept the gift of life and commit their new life to God.**

### **7. Rom. 10:13- Assurance of salvation.**

- What does this verse promise?
- What did you just do?
- What did God do for you?

GOD



## ONE VERSE EVANGELISM

Here's a brief look at how it works. Let's say God's leading you to share the Gospel with your neighbor. Write out Romans 6:23 on a piece of paper or a napkin: "For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord" (NIV). Then put your Bible away. Ask your neighbor if he would like to see a simple picture based on this verse that will explain God's relationship with people.

### WAGES

Circle this word and ask, "How would you feel if your boss refused to pay you the wages that were due to you?" Deep down, we all know that it is only right that we get what we deserve. Similarly, we earn wages from God for how we have lived our lives.

### SIN

Draw a circle around "sin," asking your friend what he thinks when he hears this word. You might explain that sin is more an attitude than an action. It can be either actively fighting God or merely excluding Him from our lives. You can ask, "Has God ever seemed far away?" If he says "Yes," add that that's one of the things sin does-it makes God seem far away. Now draw two opposing cliffs with a gap in between.

### DEATH

Circle this word and ask what thoughts come to mind. Explain that death in the Bible always includes the idea of some kind of separation.

### BUT

While circling this word, mention that it is important because it means that a sharp contrast in thought is coming. What we have just looked at is bad news; what follows is good news.

### GIFT

Draw a circle around this word. Ask, "If wages are what a person earns, then what is a gift?" Remind your friend that *someone* must purchase the gift.

### OF GOD

Circle this and explain that the gift you are talking about is free. It is from God Himself. It's so special that no one else can give it. Ask, "How do you feel when someone gives you a special gift?"

### ETERNAL LIFE

Circle these two words next, and then ask, "How would you define these words?" Contrast one side of the cliff, death, with the other side, eternal life. Ask, "What is the opposite of separation from God?"

### CHRIST JESUS

Draw these words so they create a bridge between the two cliffs. Help your friend to consider that every gift has a giver, and only Jesus Christ can give the gift of eternal life.

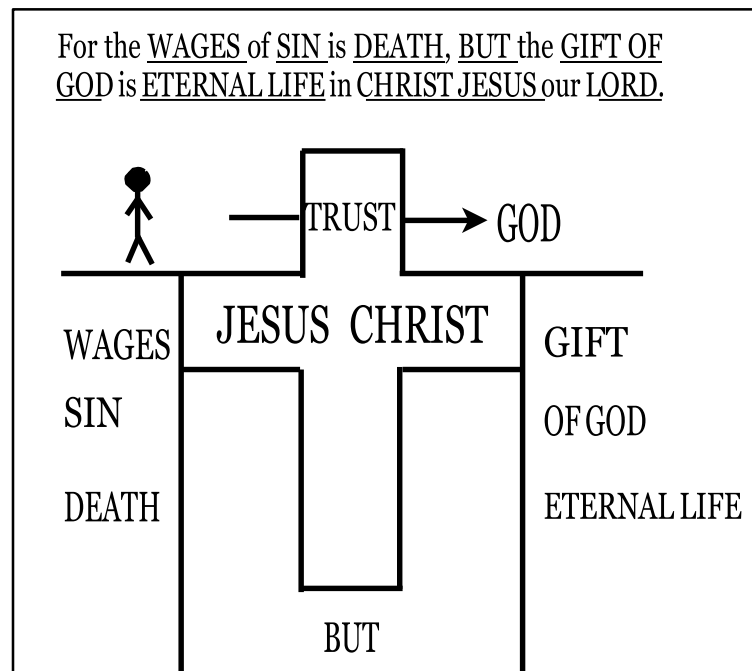
### LORD

Circle this word and explain that recognizing Jesus as Lord means owning him as your King. This free gift of eternal life is like the free gift of a wedding ring. It implies an ongoing relationship.

### TRUST

Write this word over the bridge you just drew. Explain that friends trust each other, and tell your friend that Jesus wants a trusting friendship with him. All he has to do is admit that he is responsible for the "sin" of either fighting or excluding God from his life. That is what trust means-trusting that Jesus wants to forgive us for rejecting Him from our lives. At this point you can ask him if he wants to start a relationship with God that will last forever. If he says "Yes," invite him to pray a short prayer in his own words, asking Jesus to forgive him.

Close by reminding them that this simple illustration shows what God is like: Someone who really cares about people, including them. Invite them to read all about it in the Bible, perhaps beginning in the gospel of John.



This works well for non-readers (oral learners):



In the beginning, God created a perfect world. He made man a part of His family. Man rebelled against God and brought sin and suffering into the world. This meant that man was separated from God's family.



God sent His son Jesus into the world to bring man back into relationship with Himself. Jesus lived a perfect life. He taught the people about God. He performed miraculous acts and healed many people to demonstrate God's love and power.



Despite the fact that Jesus lived a perfect life and therefore did not have to die, He chose to die on a cross as payment for our sins.



He was buried in a tomb. God saw Jesus' sacrifice for sins and accepted it. He demonstrated this by raising Him from the dead on the third day. So if we recognize Jesus as Lord (God) and that He died for our sins, repent of our sins and ask for His salvation then we are accepted back into God's family and He gives us His Holy Spirit to live in us.



Jesus stayed on earth for forty days after being raised from the dead. He taught His followers that through the power of the Holy Spirit they were to bring people from all over the world to be His followers as well, joining the family of God. Then He was taken up into heaven while His followers watched.



In the future He will return to punish His enemies, all those who do not follow Him, and to reign with His family forever.

\*Review the following principles with the whole group

## Activity 13

### DISCIPLESHIP PRINCIPLES – Part 2 – p. 20-21

Part of two churches (core groups) at a time – each of us should be attending our weekly core group once a week and modeling for a new core group that we have started for someone else.

Draw two triangles and show you need to be part of two churches. Show how one church can be starting three other churches at the same time.

Two people in a church is helping another church to get started through people that they have led to The Lord. The first Church help to establish a new church, or connect them with other new believers and start a church with them, last choice is adding them to our church.

Everyone is constantly coaching another group in a hands-on way. Meanwhile that group can also be starting new groups.

#### MODEL, ASSIST, WATCH & LEAVE (MAWL)

1ST GENERATION	M	A	W	L				
2ND GENERATION		M	A	W	L			
3RD GENERATION			M	A	W	L		
4TH GENERATION				M	A	W	L	

When you find a person of peace you can start a core group in their home. You can facilitate (MODEL) the meeting for 2 or 3 weeks.

Modeling is the way we most often see/learn about it. See someone riding a bike

- This phase should be brief, instant
- but we tend to believe that if we see it we can do it.
- that is why just going to church does not work.

After this time, you can (ASSIST) them as needed for about 2 to 3 months.

Assist: Bike: parent walking alongside them

- This phase should be as short as possible
- let them go, the fall
- pick them up, hold on to them, and let go of them
- hopefully soon they will learn to ride.
- But we have to let go, we cannot hold on with an iron grip, we have to let go
- God can handle it if they fall.

After this time, you can (WATCH) from a distance and checkup on them once a month watching for the self-feeding, dual accountability, eyes to see where the Kingdom isn't and effective utilization of the training cycle. You are looking for discipleship principles.

Watch: This phase should take a while

- Bike, make sure they can brake, steer, turn, go up hills, down hills, rules of the road

After this time, you can (LEAVE).

Leave: (Launch) once they demonstrate they can ride, leave them alone.  
In the church we never want to let go because we do not want them to fall.

M= short: one or two times

A= 2-3 months, dual accountability, self-feeding, reproduction

W= all of those from previous step are happening + they are watching and leaving

Make sure they are at the next generation of multiplication before you get to the next level.

Size? 3-15, 8 is sweet

Try to get pre-existing relationships at the core of the group.

## CHURCH DISCIPLINE

Our weekly core group helps to hold us accountable. When holding each other accountable in our core groups, there are times when we might not get the opportunity to share our story or God's story with others. Sometimes we might even forget, but if the Lord impresses on us to share with someone and we are outright disobedient then these steps should be followed (Gal. 6:1-2):

1. Talk to that person one on one.
2. If that does not work, take two or three witnesses and talk with that person.
3. If that does not work, get the whole group and talk with that person.
4. If that does not work, expel that person.

## MULTIPLICATION

Multiplication is all throughout scripture

Genesis: Be fruitful and multiply

Abraham - sand and stars

John 12:24 The Seed – "Truly, truly, I say to you, unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit".

Mark 4:8 "And other seeds fell into **good soil** and produced grain, growing up and increasing and yielding thirtyfold and sixtyfold and a hundredfold".

Great Commission - Make disciples and teach them to obey - make disciples.

2nd Tim 2:2 Paul to Timothy to faithful men to others

### Reproduction rates

Elephants - 22 months

Rabbits - 3 month 8 babies 476 mill rabbits in 3 years in ideal conditions

Simple churches are a lot like rabbits

Reproduction Rate in Months								
Years	60	36	24	18	12	9	6	4
1	1	1	1	1	2	2	4	8
3	1	2	2	4	8	16	64	512
5	2	2	4	8	32	64	1,024	32,768
10	4	8	32	64	1,024	8,192	1 million	1 billion
15	8	32	128	1,024	32,768	1 million	1 billion	-----
20	16	64	1,024	8,192	1 million	67 million	-----	-----
30	64	1,024	32,768	1 million	1 billion	-----	-----	-----

9 months pace movements in Buddhist, atheist, muslim = any environments  
 2 movements w. 6 months pace in China and India 1M+ churches

Our brother Curtis went to India to train 34 Christians for 7 days. After 2.5 years, more than 8 million people heard the Gospel and over 1.25 million groups were formed. That's right, one person trains 34 believers for 7 days using this training and more than 8 million people made a commitment to follow Jesus Christ.

MAWL MA = 3 months

Out of a group of 8, there could be four groups planted.  
 Every believer can multiply.  
 Every disciple is a disciple maker.  
 Great commission is for every disciple.  
 You don't need to reach 1000 or 10,000. You just need to reach a few deeply and teach them to reach others deeply.  
 Discipleship is like duckings. Only Christ is the mother duck, everyone else is just following the disciple in front of them.  
 In movements everyone is equipped - not a consumer.

\*Explain that when you go out prayer walking in the next activity, you are asking God to lead you to a person of peace. This is a person that you will be able to share your story, God's story, lead them to Christ and help them start a core group (church) in their home.

\*Read Luke 10:1-11 and Matthew 10:5-14. Review the characteristics of the Person of Peace below. Review the actions of the one sent by Jesus below.

### Characteristics of the Person of Peace:

#### LUKE 10:

- V. 5- opens his door to you
- V. 6- receives your blessing and shows interest
- V. 7- opens his house to you/hospitable
- V. 7- offers to sustain you in some way
- V. 4- does not waste time

#### MATTHEW 10:

- V. 13- he is worthy
- V. 13- has influence in his home
- V. 14- receives you
- V. 14- hears your words

### What the sent one does:

#### LUKE 10:

- V. 1- goes two by two
- V. 2- prays for laborers
- V. 3- goes with danger all around
- V. 4- leaves behind bags
- V. 5- gives greeting
- V. 6- if favorable response, give blessing
- V. 7- fellowship with them
- V. 9- ask God for healing where needed
- V. 9- minister to them
- V. 9- proclaim the words of the Kingdom
- V. 10- If no response, announce protest, then leave

#### MATTHEW 10:

- V. 5-6- goes where God sends
- V. 11- inquire/search/identify
- V. 11- spend time with the candidate
- V. 12- give greeting
- V. 13- gives blessing
- V. 14- proclaim words of the Kingdom
- V. 14- If you are not received then leave

### SUMMARY

1. Pray for laborers.
2. Go where God sends you.
3. Enter a place or area proclaiming the Kingdom.
4. Do not waste time.
5. Inquire with discernment.
6. Visit the Person of Peace candidate & engage him and family if possible.
7. Give greetings & ask spiritual interest questions.
8. If there is a favorable response—give blessing & ask evangelistic questions.
9. Spend time with the candidate & their family.
10. Fellowship with them & discern.
11. Minister to them.
12. Always be bold & truthful.
13. If there is no response, announce protest, & then leave.

### FILTERS FOR THE PERSON OF PEACE:

1. Welcoming
2. Hungry for Spiritual Things
3. Opens their family/group/community to spiritual things

### PRACTICAL FILTERS:

1. They are open when you make spiritual statements.
2. They respond with spiritual statements.
3. They ask questions of you (not just tell you their opinion – but want to know yours).
4. They respond to your invitation to open their “oikos” (Greek word for “household”) to directly learn from God's Word



## PERSON OF PEACE (Continued)

This is focused on a family or a household. When you find it, stay there and focus. Then that family will have the responsibility to reach their own community.

Multiplication comes from investing deeply in a few so they can multiply and reach a few who will multiply.

It is more effective to group unbelievers and win them, than connecting w. individuals and then win them.

The Gospel grows fastest along existing lines of relationships.

What to do with new believers? Rather than add them to an existing group, help them start a new spiritual community. Start new groups rather than adding to existing groups.

Keep groups small. They are more effective, there is more accountability and they are easier to lead than in larger groups. When you pray for a new area pray first for God to show you a person of peace, so you can reach their networks and community.

New believers -

Wrong question: How can we get them connected?

Right question: How can we help them reach out to their network and start a spiritual community?

Train people up to help them reach their network.

\*Decide which locations you will be prayer walking in and note where each person is going.

\*Have each person go with their partner (men with men and women with women) or at most three if you have an uneven number.

\*Ask them to record contact information from the people they speak with.

\*Review the following information with the group so they understand the concept of prayer walking

One way to begin a conversation with someone is to say, "Hello. We are here praying for this community. Do you know of anything that we can pray for? Is there anything that we can pray for you?"

When praying for someone you can use the "BLESS" Prayer. B = Body (pray for their health), L = Labor (pray for their work), E = Economy (Pray for their finances), S = Social (pray for their friends & family), S = Spiritual (pray for their relationship with God)

1. **LISTEN TO GOD.** We find as we prayer walk that a key ingredient is hearing the voice of the Lord. After all, we are seeking to cooperate with God to pray His desires over an area. We know many of His desires from the Bible, and He will never contradict His Word. However, in prayer walking we see three specific ways that God gives us insight into what He wants to do.
  - **Observation:** Seeing garbage on the streets may trigger you to pray against the garbage in people's lives, for example.
  - **Research:** From research you might find there are specific pockets of crime, injustice, or occult practices which direct you to those places and give you a clear direction for prayer.
  - **Revelation:** You may get a nudge from the Holy Spirit to pray a certain direction or to pray a certain Scripture. You might even have a vision which reveals something to pray over.
2. **COORDINATE EFFORTS, REGATHER & REPORT** if you are with a larger group.

## ACTIVITIES COMMON TO PRAYERWALKING:

### PRAISE

Praise gives glory to Christ and exalts Him to His proper place as Lord of all. The Lord inhabits the praises of His people. God's presence fills the area when we praise, and the demons flee. In Ps. 100, praise is like the entrance into His very presence.

### PRAYER

In Rev. 8, there was silence in heaven for the coming up of the prayers of the saints. Eph. 6:18 suggests our main weapon against the enemy is to "pray without ceasing." God can do anything He wants without our help, but He chooses to use the prayers of Christians as the vessel for releasing His power and bringing about victory in the spiritual realm.

- Pray in the Spirit (Eph. 6:18).
- Pray with your eyes open.
- Pray together with others (Matt. 18:19-20, Lev. 26:8).
- Pray Scripture passages.
- True fasting has divine results (Is. 58).

### PROCLAMATION

- God-given scriptures or issues spoken in God- appointed places
- Sharing the gospel
- Prayer Evangelism - involves visiting your neighbors to ask what you can pray for. Often through God answering prayer, a person's heart is opened to hear His truth.

## OTHER IMPORTANT ELEMENTS OF PRAYERWALKING:

- Unity
- Decide on a leader
- Decide upon specific scriptures to pray in preparation for the prayer walk
- Submission to the Lord
- Humility and obedience
- Persistence

## 5 PRESSURE POINTS

Places you might want to seek out in the area that you are prayer walking:

1. Government centers where legislation is made
2. Commercial centers where decisions are made for who gets what goods
3. Educational centers, especially the president's office and teachers
4. Communication centers, such as for media, TV, & radio
5. Spiritual centers, both Christian and non-Christian

## THEMES FOR PRAYERWALKING:

Attempt to keep every prayer pertinent to the specific community you pass through. Occasionally, however, you will find prayers naturally progress to the nation and to the world.

Use a theme passage of Scripture. For example, you might try 1 Timothy 2:1-10. Many have found it to be a useful launching point for prayer walking. Verse 8 speaks of the important territorial dimension to prayer connected with God's desire that all people be saved. "I want the men in every place to pray"

Copy this and other passages in a format easy to read aloud several times during your walk. Each of the following prayer points emerges from this passage.

- **CONCERNING CHRIST** - Proclaim Him afresh to be the one Mediator and the ransom for all. Name Him Lord of the neighborhood and of the lives you see.
- **CONCERNING LEADERS** - Pray for people responsible in any position of authority – for teachers, police, administrators and parents.
- **CONCERNING PEACE** - Cry out for the godliness and holiness of God's people to increase into substantial peace. Pray for new churches to be established.
- **CONCERNING TRUTH** - Declare openly the bedrock reality that there is one God. Celebrate the faithful revelation of His truth to all peoples through ordinary people (1 Tim. 2:8). Pray that the eyes of minds would cease to be blinded by Satan so that they could come to a knowledge of the truth.
- **CONCERNING THE GOSPEL** - Praise God for His heart's desire that all people be saved. Ask that heaven would designate this year as a "proper time" for the testimony of Christ to be given afresh with simple power (1 Tim. 2:6). Name specific people.
- **CONCERNING THE BLESSING OF GOD** - Thanksgivings are to be made on behalf of all people. Give God the explicit thanks He deserves for the goodness He constantly bestows on the homes you pass by. Ask to see the city with His eyes, that you might sense what is good and pleasing in His sight as well as what things grieve Him deeply. Ask God to bring forth an enduring spiritual awakening.
- **CONCERNING THE CHURCH** - Ask for healing in relationships, that there be no wrath or dissension among God's people. Ask that God would make His people, men and women alike, expressive in worship with the substance of radiant, relational holiness. Ask that our worship would be adorned with the confirming power of saints doing good in our communities.

## Activity 16

## CHAT GROUP INTRODUCTION p. 25

A CHAT group is really an accountability group with two, but no more than three people. If you add a fourth you split the group into two. You meet weekly in person or on the phone.

Read 25 to 30 chapters every week. You get the context and the big picture by reading in this way. You could read Ephesians 5 times or the Gospel of Matthew – you decide as long as it adds up to 25-30 chapters. And you hold each other accountable to read the same. If one person hasn't read it you both read it again.

When you get together you talk about:

- How it went with the Bible reading and what you got out of it
- Then get together to go over the CHAT questions
- Take a couple of minute to pray for the two lost people each of you are trying to reach. Write down the two names so you can keep praying for them throughout the week.

\*Ask everyone to take 10 minutes and read this page.

CHAT is an acronym for: **CHECK YOUR PROGRESS, HEAR THE WORD, ACT ON IT, and TELLOthers**

A CHAT group is made up of two or three people, all of the same gender, who meet weekly for 60-90 minutes for personal accountability for their spiritual growth and development. It is recommended the group not grow past three, but rather multiply into two groups of two once the fourth participant has proven faithful to the process.

A CHAT group is a simple way to release the most essential elements of a vital spiritual walk to people who need Jesus to change their lives from the inside out. This tool empowers the ordinary Christian to accomplish the extraordinary work of reproducing spiritual disciples who can in turn reproduce others.

There is no curriculum, workbook or training involved. There is no leader needed in the group. A CHAT group is the simplest form of spiritual community and provides ongoing accountability to learn, obey, and pass on spiritual truth. It incorporates the values of living a balanced spiritual life which results in the development and reproduction of disciples.

There are only two suggested qualifications for starting or joining a CHAT group:

1. A desperate need for Jesus Christ (Luke 5:29-32).
2. Faithfulness in the process itself (2 Timothy 2:2).

### THOUGHTS ON ACCOUNTABILITY

CHAT groups involve the sharing of an extremely personal nature. It is imperative that you come to a clear agreement on the confidentiality of whatever is shared in the group. Discuss the limits of confidentiality, (e.g., how things will be handled if information is revealed which involves the safety of someone or illegal activities).

Consider using 2 Timothy 3:16 as an outline for application to your life:

*All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work. - 2 Tim. 3:16-17 (NIV)*

- TEACHING- what we should know
- REBUKING- what we should avoid or stop doing
- CORRECTING- what we should do differently
- TRAINING IN RIGHTEOUSNESS- what we should begin or continue doing

Remember that accountability to Scripture involves not only applying it to one's own life, but also blessing others by passing on to them what you are learning.

Always consider if there is someone outside the CHAT you should be sharing spiritual truth with and make this part of the accountability process.

Be specific when developing an application plan. Think through when, how, and with whom you will put what you are learning into practice. Make sure to follow up with checking on progress in succeeding weeks.

### FORMAT OF A CHAT GROUP

**CHECK YOUR PROGRESS - FELLOWSHIP:** We are motivated by sharing struggles in mutual accountability. Start the time together by going over the Accountability Questions with one another (45-60 minutes).

**HEAR THE WORD - DISCIPLESHIP:** We grow spiritually as we read Scripture in context and in community. Continue the time by discussing what the Lord has impressed on you from your weekly Scripture reading. Your group should read 25-30 chapters per week (e.g. read the book of 1 Samuel or read the book of Ephesians 5 times.) Many people find it helpful to read aloud. If you prefer to listen to Scripture, you can download "The World English Bible" which is a public domain audio version, for free at: <http://www.audiotreasure.com/webindex.htm>. If someone doesn't finish the reading in a given week then the entire group takes the same assignment for the following week.

**ACT ON IT - MINISTRY:** We serve as we apply the truths of Scripture to living in love towards others day by day. Live out what the Lord impressed on you in the reading to apply it to your life and pass the truths on to others (5-10 minutes).

### TELL OTHERS

**EVANGELISM:** We pray for those who need the Lord and reach out to them as we have opportunity. Close in a time of prayer. Pray for one another. Part of this time should be praying for the lost friends, family, and acquaintances for whom the group has been praying throughout the week (5-10 minutes).

**WORSHIP:** We acknowledge God in prayer and through our obedience. In your time of prayer, do not forget to praise and thank the Lord for who He is and what He is doing in and through you as a group and as individuals. Remember too, your obedience ("Act on it") to the Lord is in itself worship! (5 minutes)

\*Ask everyone to get with their partner and follow the directions on this page.

\*Allow 90 minutes for this activity.

### ACCOUNTABILITY QUESTIONS

These questions are to be asked of one another in a weekly meeting of accountability. They are to stimulate conversations of character and confession of sin to God and one another in a safe environment which values honesty, vulnerability, confidentiality, and grace.

1. Start by praying that we will become more like Jesus.
2. How is your prayer life?
3. How have your insights from last week's reading shaped the way you think and live?
4. Who did you pass your insights from last week on to and how was it receive?
5. How have you seen God at work this week?
6. Have you been a testimony this week to the greatness of Jesus Christ with both your words and actions?
7. Have you been exposed to sexually alluring material or allowed your mind to entertain inappropriate sexual thoughts?
8. Have you acknowledged God's ownership in your use of money?
9. Have you coveted anything?
10. Have you hurt someone's reputation or feelings by your words?
11. Have you been dishonest in word or action or exaggerated?
12. Have you given in to an addictive, lazy or undisciplined behavior?
13. Have you been a slave to clothing, friends, work, or possessions?
14. Have you failed to forgive someone?
15. What worries or anxieties are you facing? Have you complained or grumbled? Have you maintained a thankful heart?
16. Have you been honoring, understanding and generous in your important relationships?
17. What temptations in thought, word, or action have you faced and how did you respond?
18. How have you taken opportunities to serve or bless others, especially believers?
19. Have you seen specific answers to prayer?
20. Do you see anything hindering my walk with Christ?
21. Have you modeled a core group or assisted anyone this week?
22. Who can you invite to start a chat group, if the group has four or more people, break off into groups of two.
23. Did you read at least 25 chapters in the Bible this week?

### EVANGELISTIC PRAYER

Each person in the CHAT group is to list two or three individuals who need the Lord's salvation. Write down the names of all those identified in the group on each card so that all of you pray for each of the lost souls weekly. Keep this card in your Bible as a bookmark for your daily reading so that each time you open your Bible you are reminded to pray for these people. Use the following prayers and fill in the blanks with the names of those you are praying for.

1. Lord, I pray that You draw \_\_\_\_\_ to Yourself (John 6:44).
2. I pray that \_\_\_\_\_ hear and believe the Word of God for what it really is (1 Thessalonians 2:13).
3. I pray that \_\_\_\_\_ seek to know You (Acts 17:27).
4. I ask you, Lord, to prevent Satan from blinding \_\_\_\_\_ to the truth (2 Cor 4:4; 2 Tim 2:25-26)
5. Holy Spirit, I ask You to convict \_\_\_\_\_ of his/her sin and need for Christ's redemption (John 16:7-14).
6. I ask that You send someone who will share the Gospel with \_\_\_\_\_ (Matt. 9:37-38).
7. I also ask that You give me or \_\_\_\_\_ the opportunity, the courage and the right words to share with \_\_\_\_\_ (Col. 4:3-6).
8. Lord, I pray that \_\_\_\_\_ turn from his/her sin and follow Christ (Acts 17:30-31; 1 Thessalonians 1:9-10).
9. Lord, I pray that \_\_\_\_\_ would put all of his/her trust in Christ (John 1:12; 5:24).
10. Lord, I pray that \_\_\_\_\_ confess Christ as Lord, take root and grow in faith and bear fruit for Your glory (Rom. 10:9-10; Col. 2:6-7; Luke 8:15).

\*Would you like to spend an hour with God? It's easier than you think. Break it up into 5 minute blocks and focus on the following during each 5 minute segment.

### 1. PRAISE

Start your prayer hour by praising the Lord. Praise Him for things that are on your mind right now. Praise Him for one special thing He has done in your life in the past week. Praise Him for His goodness to your family. (Psalm 34:1)

### 2. WAITING

Spend this time waiting on the Lord. Let Him pull together reflections for you. Think about the hour before you and the things you want the Lord to do in your life. (Psalm 27:14)

### 3. CONFESSION

Ask the Holy Spirit to show you anything in your life which might be displeasing to Him. Ask Him to point out attitudes that are wrong, as well as specific acts for which you have not yet made a prayer of confession. Now confess that to the Lord and claim 1 John 1:9 so that you might be cleansed for the remainder of the hour before you, and then pick up and read the Word. (Psalm 51:1-19)

### 4. READ THE WORD

Spend time reading promises of God in the Psalms, in the prophets, and passages on prayer located in the New Testament. Check your concordance. (Psalm 119:97)

### 5. PETITION

This is general request for others, praying through the List of 100, the chat group prayer cards, or personal prayer interest on behalf of yourself and others. (Hebrews 4:16)

### 6. INTERCESSION

Specific prayer on the behalf of others. Pray specifically for those requests of which you are aware or that the Lord brings to mind. (Romans 15:30-33)

### 7. PRAY THE WORD

Now take the Scriptures and start praying the Scriptures as certain sections of Psalm 119 lend themselves beautifully to prayer expression. (Psalm 119:38-46)

### 8. THANKSGIVING

Spend these minutes giving thanks to the Lord for things in your life, things on behalf of the church, and things on behalf of your family. (Philippians 4:6)

### 9. SINGING

Take your hymnal and sing a prayer song, sing a praise song, sing a song regarding soul winning or witnessing. Let it be a time of praise. (Psalm 59:17)

### 10. MEDITATE

Ask the Lord to speak back to you and keep a paper and pen handy, ready to relate the impressions that He makes upon your life. (Psalm 63)

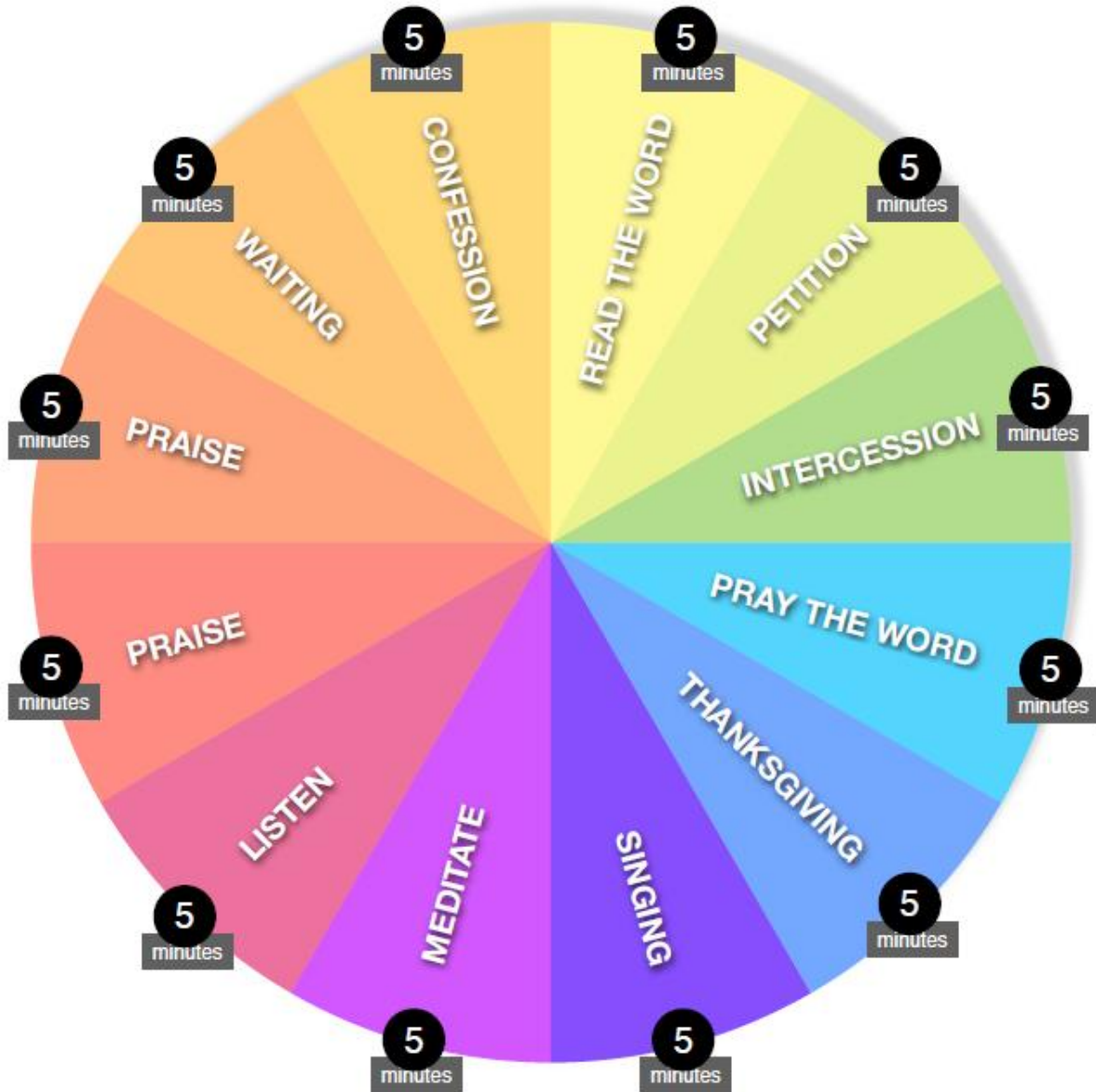
### 11. LISTEN

Spend time merging the things you have read from the Word, the things you have prayed, the things you have thanked the Lord for, the things that you have been singing, and see how the Lord brings them all together to speak to you. (1 Samuel 3:9-10)

### 12. END WITH PRAISE

Praise the Lord for the time you have had to spend with Him. Praise Him for the impressions that He has given you. Praise Him for the prayer requests He raised up in your mind. (Psalm 145:1-13)

Activity 18 PRAYER WHEEL - SPEND AN HOUR WITH GOD (Continued)





## Activity 19

## CORE GROUP – 3rd Practice Session p. 29

\*Divide into groups of 6 or 8 people (male & females together).

\*Ask facilitators to read directions and questions carefully aloud and allow 90 minutes for Section 1 (Look Back), Section 2 (Look Up) & Section 3 (Look Forward).

\*The facilitator for each group will be the person who has the next birthday.

\*Use Mark 16:15-20 for this core group session.

\*During this (Look Back) practice session, simply pretend you shared your story with someone.

**SIMPLE MEETING FORMAT** –This format is designed for established believers. You will meet with your core group once a week for at least 90 minutes. Additional meeting formats available at the end of this training manual for believers, new believers and seekers p. 35-40.

### 1. LOOK BACK (1/3 of your time – 30 minutes) (Skip this section every time a new group is started)

Share a meal, a refreshment, a story from this week, or an answer to prayer. How has everyone's personal relationship with God been this week? If anyone is struggling, pray for him/her, and stay after to care for that person.

#### **Check-up (never skip)**

*How have you **obeyed** what you have learned? Who have you **trained** in what you have learned? With whom have you **shared** your story or God's story? (Review the commitments from last week's meeting)*

#### **Vision (never skip)**

Share a story from the Bible, a personal story, an inspiring slogan or song to encourage one another to share Jesus with others, to start new groups, and to help others do the same. You can use one of the following Bible passages to get started: Matthew 28:18-20, Luke 10:1-11, Acts 1:8, Luke 19:1-10, Matthew 13:1-23 (Additional verses at the end of this training manual).

### 2. LOOK UP (1/3 of your time - 30 minutes) (Start here each time you model a new group)

#### **Read and Discuss**

Ask God to teach you this passage. Read this week's passage. Then ask:

1. *What did you like about this passage?*
2. *What did you find difficult about this passage?*

Read this week's passage again. Then ask:

3. *What does this passage teach about people?*
4. *What does this passage teach about God?*

### 3. LOOK FORWARD (1/3 of your time – 30 minutes)

#### **Obey. Train. Share. (never skip)**

Have everyone in the group pray for the Spirit to show them how to answer the following questions, then make commitments.

Write the commitments down and keep for next week's meeting. Ask:

5. *How will you **obey** this passage?*
6. *Who will you **train** with this passage?*
7. *With whom will you **share** your story or the God's story?*

**Practice (never skip)** - in groups of two or three, practice what you have committed to do in question 5, 6 or 7. For example, role- play a difficult conversation or facing a temptation; practice teaching today's passage, or practice sharing the Gospel (God's story).

**Talk With God** - in groups of two or three, pray for every member individually. Ask God to prepare the hearts of the people who will be hearing about Jesus this week. Ask Him to give you the strength to be obedient to your commitments.

## GO OVER SECTION “ADDITIONAL RESOURCES” p. 34-40

\*Go over section “Additional Resources” p. 34 CORE GROUP PRINCIPLES

\*Go over section “Additional Resources” p. 35-40

- Start Track p. 35-37 FOR BELIEVERS – Looking UP is already predetermined for each week
- Discover series p. 38 FOR GROUPS THAT NEED BIBLE BACKGROUND & FAMILIARITY
- Strengthen series p. 39 FOR NEW BELIEVERS OR GROUPS THAT NEED DISCIPLINE FOCUS
- Hope Series p. 40 FOR SEEKERS
- Signs of John p. 40 FOR SEEKERS

### Activity 20

## WHEN AND HOW TO USE RESOURCES p.30

\*Review this page with the whole group.

1. **CORE Groups** can be used with non-Christians (Signs of John Track or Hope Track – located at the end of this manual) or with fellow disciples (Strengthen Track) as a way to encourage their progress in their spiritual journey. Have one group that is your continuing primary spiritual community. It can meet on your “turf.” At all times try to also be modeling for or assisting someone else on a temporary basis to help initiate a new group. This should be done on their “turf.” People who are already followers of Christ but new to Core groups should be taken through the Start Track.
2. **The List of 100 Worksheet** should be immediately used with people whom you lead to faith. It can also be used with fellow disciples as a tool to assist them in their growth. You should also use it yourself if your job or home changes to update your own implementation.
3. The tools on **Sharing Your Story or God’s Story** should be immediately used with people whom you lead to faith. It can also be used with fellow disciples as a tool to assist them in their growth.
4. Consider using the tool **Spend an Hour with God** periodically. This can be shared with fellow disciples to increase their intimacy with God as well.
5. Get in the habit of **Prayer Walking** regularly yourself. Also consider prayer walking with fellow believers as a way to help them take their next faith step. There are added benefits when prayer walking with others. Remember to look for opportunities to pray for others and evangelize.
6. **CHAT Groups** should meet once a week. You should be in one all the time. Non-Christians can be in CHAT groups, although the evangelistic praying might be changed in that case. Consider this as a tool that can be used with anyone to help them take their next step in growing in their spiritual lives.

## Activity 21

## COMMITMENTS p. 31

\*Allow time to complete this page.

\*Make a copy of each members commitment page and return to you to follow up regularly.

\*Have them write their name, number and/or email at top of the page.

### COMMITMENTS FOR THE NEXT 3 MONTHS

Use the names from your List of 100 people to complete these commitments.

1. I will share my story (testimony and God's story (the Gospel) with the following individuals:
  
2. I will invite the following people to begin a CHAT group with me:
  
3. I will challenge the following people to begin their own CHAT groups and equip them to do so:
  
4. I will invite the following people to begin an CORE group with me:
  
5. I will challenge the following people to begin their own CORE groups and equip them to do so:
  
6. I will invite the following people to participate in an CORE Hope or Discover group:
  
7. I will invite the following people to participate in prayer-walking with me:
  
8. I will equip the following people to share their story and God's story and make a list of 100 people in their relational network:
  
9. I will challenge the following people to use the "Spend an Hour with God" tool on a periodic basis:
  
10. I will use the "Spend an Hour with God tool once every\_\_\_\_\_.
  
11. I will prayer-walk once every\_\_\_\_\_.
  
12. I will encourage the following people to attend this training:
  
13. Other commitments:

## Activity 22

## COMMISSIONING – THE POWER OF THE HOLY SPIRIT p.32

### Matthew 28:18-20

<sup>18</sup> And Jesus came and said to them, “All authority in heaven and on earth has been given to me. <sup>19</sup> Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit,<sup>20</sup> teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”

### John 20:21

<sup>21</sup> Jesus said to them again, “Peace be with you. As the Father has sent me, even so I am sending you.”

### Acts 1:8

<sup>8</sup> But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth.”

### Acts 4:29-31

<sup>29</sup> And now, Lord, look upon their threats and grant to your servants[a] to continue to speak your word with all boldness, <sup>30</sup> while you stretch out your hand to heal, and signs and wonders are performed through the name of your holy servant Jesus.” <sup>31</sup> And when they had prayed, the place in which they were gathered together was shaken, and they were all filled with the Holy Spirit and continued to speak the word of God with boldness.

Being filled with the Holy Spirit is something we need EVERY DAY to be His Witnesses. We need a fresh filling every day. If we have sin, or if we have not surrendered our lives, our future and finances our time and our possessions and our pride to him 100% it can be a hindrance for us to be filled with the Holy Spirit.

We want every new believer to be filled with the Holy Spirit, but to pray for them and lay hands on them to be filled with the Holy Spirit we have to be filled daily with the Holy Spirit and spend time with him listening to what he is saying, walk in obedience to the guidance of the Holy Spirit.

The Holy Spirit will teach us to walk in the fear of the Lord and not in the fear of man.

The Holy Spirit will give us boldness to be witnesses and make disciples that make disciples.

The Holy Spirit will give us power so we can walk in the supernatural gifts of the Holy Spirit and see people saved, healed and delivered.

We need to walk in intimacy with God and for the Power of the Holy Spirit to come upon us.

**Commissioning Prayer for the Holy Spirit to come upon them.**

**After praying and as they continue to pray you can walk around and lay hands on people individually and pray for each of them if you feel led to do so.**

## FEEDBACK

\*Go around the room and allow all group members to share what they found most challenging about the training. Allow 1 minute per person.

\*Go around the room and allow all group members to share what they found most encouraging or exciting about the training. Allow 1 minute per person.

## PRAISES

\*Go around the room calling one person's name at a time and allow all group members to share what you have come to appreciate about each person aloud. Allow 1 minute per person.

## SURVEY

\*Pass out one sheet of paper to each member.

\*Members do not write name on the survey.

\*Explain that you are looking for ways to improve the training.

\*Ask each member to take 3 minutes to offer suggestions about the training.

\*Ask what they did not like about the training?

\*Ask what about the training they would do differently?

## ADDITIONAL RESOURCES

### CORE GROUP PRINCIPLES

#### **SMALL.**

Keep groups small. Start groups around circles of relationships, people who already know each other. Meet where these people already gather like in a home, café or under a tree. With a larger group, divide into sub-groups of 3, 4 or 5 people.

#### **EVERYONE LEARNS TO GROW ON THEIR OWN.**

In the group, everyone learns to grow by doing the following on their own: 1. tell others about Jesus, 2. learn from the Bible, 3. talk with God, 4. help and encourage other believers, and 5. boldly face persecution and hard times.

#### **CONSIDER EVERYONE A POTENTIAL TRAINER.**

View everyone as a potential trainer, both before and after they trust Jesus. Leaders are usually unpaid and without formal schooling.

#### **OBEY & TRAIN.**

The groups are obedience based, not just knowledge focused. Follow Jesus by learning and obeying the Bible through the guidance of the Holy Spirit. Make practical and specific commitments each meeting and review them the next time you meet. Become fishers of men by training others how to learn and obey as well. This creates an environment in which loving Jesus means obeying Jesus.

#### **NEW GROUPS THROUGH MENTORING & MULTIPLICATION.**

Focus on starting new groups rather than big groups. Meet with new leaders as they start new groups. Train them to do the same for others. Keep everyone connected for ongoing training and accountability.

#### **DISCUSS & DISCOVER.**

Focus on the Bible. Trust the Holy Spirit to help each person discover the meaning of Scripture. Lead through asking questions rather than preaching. Try to make sure everyone participates.

## ADDITIONAL RESOURCES

### START TRACK: THE FIRST 8 MEETINGS

This is appropriate for people who are already Christians but have not been in this type of group before. The practice portion is guided and generic for these 8 sessions. Individualized practice is begun in subsequent meetings.

#### 1. TELL YOUR STORY

LOOK UP: Mark 5:1-20. Pay particular attention to verses 18-20.

PRACTICE: Practice telling your story- You will need to prepare your story and be prepared to share it with people when you tell them about Jesus. Here is how you can tell your story:

- *Talk about your life before following Jesus-* Describe your feelings (pain, loneliness), questions (what happens after death?), or struggles you had before following Jesus.
- *Talk about how you became a follower of Jesus-* Tell them about Jesus! The essential story of Jesus is: We have all offended God with our sins. We will die because of our sins. But we are saved from death when we put our faith in Jesus, who died for our sins, was buried, and raised from the dead. *Talk about your life after following Jesus-* Tell them about how Jesus changed your life. Tell of the joy, peace, and forgiveness Jesus gave.
- *Invite a response-* Your story should ask for a response. End with a question that will help you discover the person's level of spiritual interest. Ask something like: "Would you like to know how you can be forgiven?" or "Would you like God to change your life?"
- *Keep it Brief (3 minutes or less)-* Your story should be short and interesting. Do not be boring and do not talk so long that the listener loses interest.
- *Practice telling your story with someone in your group.*
- *Choose 5 people to tell.* Pray. Ask God to show you which 5 people you know to whom He wants you to tell your story to this week.

#### 2. TELL JESUS' STORY

LOOK UP: 1 Corinthians 15:1-8, Romans 3:23, Romans 6:23

PRACTICE: Have everyone in your group practice telling Jesus' story.

*Tell your story and Jesus' story to 5 people this week. Do this every week.*

#### 3. FOLLOW & FISH

LOOK UP: Mark 1:16-20

PRACTICE: *Make a List-* Get a blank piece of paper and write the names of 100 people that you know (family, friends, neighbors, co-workers or school mates) who need to hear about Jesus.

*Tell your story and Jesus' story to 5 people this week. Do this every week.*





## START TRACK: THE FIRST 8 MEETINGS (Continued)

### 4. BAPTISM

LOOK UP: Romans 6:3-4; Acts 8:26-40

PRACTICE: Find nearby water (bathtub, pool, river, lake) and baptize all new believers. Continue to immediately baptize people as they become believers. To learn more about baptism, see Acts 2:37-41, 8:5-13, 8:36-38, 9:10-19, 10:47-48, 16:13-15, 16:27-34, Acts 18:5-9 and 1 Corinthians 1:10-17, Acts 19:1-5, Acts 22:14-17.

*Tell your story and Jesus' story to 5 people this week. Do this every week.*

### 5. THE BIBLE

LOOK UP: 2 Timothy 3:14-16

PRACTICE: Memorize and recite the 7 Bible study questions (questions 1-7 in the Simple Meeting Format).

*Tell your story and Jesus' story to 5 people this week. Do this every week.*

### 6. TALK WITH GOD

LOOK UP: Matthew 6:9-13

PRACTICE: Use your hand to learn how to talk with God. As a group pray through Jesus' prayer in Matthew 6:9-13 using your hand as a guide.

- 1. Palm = Relationship.** As the palm is the foundation for our fingers and thumb, time alone with God is the foundation for our personal relationship with him. *"Our Father in heaven..." (Matthew 6:9)*
- 2. Thumb = Worship.** Our thumb reminds us that we must worship God before we ask for anything. *"...may your name be holy." (Matthew 6:9)*
- 3. First Finger = Surrender.** Next we surrender our lives, plans, family, finances, work, future, everything. *"May your kingdom come, your will be done..." (Matthew 6:10)*
- 4. Middle Finger = Ask.** Then we ask God to meet our needs. *"Give us this day our daily bread." (Matthew 6:11)*
- 5. Fourth Finger = Forgive.** Now we ask God to forgive our sins, and we must forgive others. *"Forgive us as we forgive others." (Matthew 6:12)*
- 6. Little Finger = Protect.** Then we ask protection. *"Let us not yield to temptation, but deliver us from the evil one." (Matthew 6:13)*
- 7. Thumb (Again) = Worship.** And we end just as we began – we worship Almighty God – *"Yours is the kingdom and the power and the glory forever. Amen." (Matthew 6:13).*

*Tell your story and Jesus' story to 5 people this week. Do this every week.*

## START TRACK: THE FIRST 8 MEETINGS (Continued)

### 7. HARD TIMES-

LOOK UP: Acts 5:17-42; Matthew 5:43-44

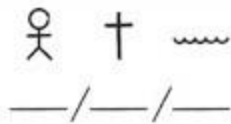
PRACTICE: Share with the group about a difficulty you have faced because of your new faith; consider difficulties you may face; role play how you will respond – with boldness and love – as Jesus teaches. Pray as needs come up. Pray for each person after they share.

*Tell your story and Jesus' story to 5 people this week. Do this every week.*

### 8. BECOME A CHURCH-

LOOK UP: Acts 2:42-47, 1 Corinthians 11:23-34

PRACTICE: Discuss what your group needs to do to become like the church described in the passages. As a group, on a blank paper, draw a dotted line circle representing your own group. Above it, list 3 numbers: the number regularly attending (stick figure), the number believing in Jesus (cross) and the number baptized after believing (water).



If your group has committed to be a church, make the dotted line circle solid. If you regularly practice each of the following elements then draw a picture of the elements inside your circle. If you do not do the element or you wait for an outsider to come do it, then draw the element outside the circle.



1. Commitment to be a church: solid line instead of dotted line.
2. Baptism- water
3. Bible- book
4. Commemorate Jesus w/ bread and water- cup
5. Fellowship- heart
6. Giving and ministry- money sign
7. Prayer- praying hands
8. Praise- raised hands
9. Telling people about Jesus- friend holding hands with a friend he led to faith
10. Leaders- two smiling faces

What is your group missing that would help make it a healthy church?

*Tell your story and Jesus' story to 5 people this week. Do this every week.*

### WHAT TODONEXT?

Go through the **Discover Series** or **Strengthen Series** or select a book of the Bible like John or Mark (choose only one story per meeting).

## ADDITIONAL RESOURCES

### DISCOVER SERIES

#### (FOR GROUPS THAT NEED BIBLE BACKGROUND & FAMILIARITY)

Use the following passages for the “LOOK UP” portion of your group. Your group may need more than one meeting for some of the passages.

#### **Discover God-** *who is God and what He is like*

1. Creation- Genesis 1
2. Creation of People- Genesis 2
3. Disobedience of People- Genesis 3
4. Noah and the Flood- Genesis 6:5-8:14
5. God’s Promise with Noah- Genesis 8:15-9:17
6. God Speaks to Abraham- Genesis 12:1-7; 15:1-6
7. David becomes King of Abraham’s Descendants- 1 Samuel 16:1-13; 2 Samuel 7:1-28
8. King David and Bathsheba- 2 Samuel 11: 1-27
9. Nathan’s Story- 2 Samuel 12:1-25
10. God Promises Savior will come- Isaiah 53

#### **Discover Jesus-** *who is Jesus and why He came*

1. Savior born- Matthew 1:18-25
2. Jesus’ Baptism- Matthew 3:7-9, 13-15
3. Crazy Man Healed- Mark 5:1-20
4. Jesus never Loses Sheep- John 10:1-30
5. Jesus Heals the Blind- Luke 18:31-42
6. Jesus and Zaccheus- Luke 19:1-9
7. Jesus and Matthew- Matthew 9:9-13
8. Jesus is the Only Way- John 14:1-15
9. Holy Spirit Coming- John 16:5-15
10. Last Dinner- Luke 22:14-20
11. Arrest and Trial- Luke 22:47-53; 23:13-24
12. Execution- Luke 23:33-56
13. Jesus is Alive- Luke 24:1-7, 36-47; Acts 1:1-11
14. Believing and Doing- Philippians 3:3-9

## ADDITIONAL RESOURCES

### STRENGTHEN SERIES

#### (FOR NEW BELIEVERS OR GROUPS THAT NEED DISCIPLINE FOCUS)

**Jesus Says- Learn to obey the 7 basic commands of Jesus.** Keep sharing Jesus with people on your list.

- 14.1 Learn and do- John 14:15-21
- 14.2 Repent. Believe. Follow. Mark 1:14-17, Ephesians 2:1-10
- 14.3 Be baptized- Matthew 28:19, Acts 8:26-38
- 14.4 Love God. Love People- Luke 10:25-37

**Jesus Also Says- Learn to obey the 7 basic commands of Jesus.** Keep sharing Jesus with people on your list.

- 2.1 Talk with God- Matthew 6:9-13. Learn and practice Jesus' model prayer
- 2.2 Remember and Commemorate Jesus- Luke 22:14-20, 1 Corinthians 11:23-32
- 2.3 Give- Acts 4:32-37
- 2.4 Pass it on- Matthew 28:18-20

**Follow as I follow- Make disciples. Pass on to others what you have learned. Teach these people to pass it on too.**

- 3.1 Find a Disciple- 2 Timothy 1:1-14
- 3.2 Pass it on- 2 Timothy 2:1-4, 14-16
- 3.3 Teach them to teach others- 2 Timothy 3:1-17
- 3.4 Hard times- 2 Timothy 4:1-22

**Multiply your Core Group- Gather your disciples into new groups.**

- 4.1 Get started and make a plan- Luke 10:1-11. Listen to Jesus' instructions as you start a new group.
- 4.2 Gather Together- Acts 2:14-47
- 4.3 Person of Peace- Mark 5:1-20, 6:53-56. Look for people willing to share their story about Jesus. Start a group with that person & their friends & family.
- 4.4 Who is ready - Matthew 13:1-9, 18-23

**Lead- Learn how to lead a core group.**

- 5.1 Model (lead like this)- John 13:1-17
- 5.2 Model (don't lead like this)- 3 John 5-14
- 5.3 Assist- Mark 4:35-41
- 5.4 Watch- Luke 10:1-11, 17, 20
- 5.5 Leave- Matthew 25:14-30

**Go Local- Learn how to reach your local community.**

- 6.1 Go: local- Acts 1:1-8
- 6.2 Help the poor. Share the good news- Luke 7:11-23
- 6.3 Go where God sends- Acts 10:9-48
- 6.4 Go with a plan- Acts 13:1-3, 32-33, 38-39; 14:21-23, 26-27

**Go: Global- Learn how to reach the ends of the earth.**

- 7.1 Go: global- Acts 1:1-8, Matthew 28:19-20
- 7.2 Go where God sends- Acts 8:26-38
- 7.3 God loves every people group- John 4:4-30, 39-41
- 7.4 Go with a plan- Acts 13:1-3, 32-33, 38-39; 14:21-23, 26-27

**Remember the basics- Learn what to do when you meet.**

- 8.1 Jesus is First- Philippians 2:1-11
- 8.2 Talk with God- Matthew 6:9-13
- 8.3 Community- Hebrews 10:23-25
- 8.4 The Bible- 2 Timothy 3:10-17

## STRENGTHEN SERIES (Continued)

**Commit- learn to stay strong and keep following Jesus.**

**9.1** Disobedience- Jonah 1

**9.2** Commit- Jonah 2

**9.3** Obey- Jonah 3

**9.4** Obey all the way- Jonah 4

**9.5** Use it or Lose it- Matthew 25:14-30

### WHAT NEXT?

Choose your own Bible passages and keep meeting. Use the same questions and group meeting format. Don't stop meeting.

## HOPE SERIES (FOR SEEKERS)

Use the following passages for the "LOOK UP" portion of your group. Your group may need more than one meeting for some of the passages.

1. Hope for the sinner: Luke 18:9-14
2. Hope for the poor: Luke 12:13-34
3. Hope for the runaway: Luke 15:11-32
4. Hope for the lost: Luke 19:1-10
5. Hope for the grieving: John 11:1-44
6. Hope for the seeker: John 3:1-21

## SIGNS OF JOHN (FOR SEEKERS)

Use the following passages for the "LOOK UP" portion of your group. Your group may need more than one meeting for some of the passages.

1. Turning of water into wine: John 2:1-12
2. Healing of the royal official's son: John 4:46-54
3. Healing of the paralytic: John 5:1-17
4. Feeding of the five thousand: John 6:1-14
5. Walking on water: John 6:15-25
6. Healing of the man born blind: John 9:1-41
7. Raising Lazarus from the dead: John 11:1-46

## ADDITIONAL RESOURCES

### CHAT ACCOUNTABILITY QUESTIONS FOR CHILDREN

These questions are to be asked of one another in a weekly meeting of accountability (Proverbs 27:17). They are to stimulate conversations of character and confession of sin to God and one another in a safe environment which values honesty, vulnerability, confidentiality, and grace.

1. How did what you learned from last week's reading shaped the way you think and live?
2. Who did you tell about what you learned last week and what did they say?
3. How have you seen God at work?
4. How have your actions and words shown others that you love Jesus?
5. How have you been respectful to your parents and the adults around you this week?
6. How have you loved and encouraged others even when you didn't feel like it?
7. How have you seen God answer your prayers this past week?
8. Have you hurt someone's reputation or feelings by your words?
9. Have you been dishonest in word or action or exaggerated?
10. In what ways have you been angry or frustrated when you didn't get something you wanted or didn't get your way?
11. Have you failed to forgive someone?
12. In what ways have you taken or wished for something that didn't belong to you?
13. In what ways have you been mean to others?
14. In what ways have you not done what you were supposed to do?
15. How have you taken opportunities to serve or bless others?
16. Have you finished your Bible reading? What did you learn?